

# MNO NODEGEWEN HANNAHVILLE

(Something good you hear about in Hannahville)

ktthe mko gises – Big Bear Moon January 2014

## Youth Services “Country Christmas” Dance Recital

On Monday, December 22, Youth Services’ Tap & Jazz Classes performed a “Country Christmas” Dance Recital at Hannahville Indian School. Within the program there are seven groups, including the Tiny Tots beginning at age four.

Thank you to Tribal Council and Hannahville School Board for bringing the program back. This year the youth and parents showed their dedication to the success of this program by raising close to \$3,000 with Saykly’s sales. The earnings from the candy sales will go towards their costumes for the End of the Year Review that will be held in April at the Casino.

A big thank you to everyone who came out in support of the program and to the instructors: Ida Meshigaud, Krystle St. John, and Nancy Richer.



## FEATURED EVENTS

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Tuesdays ....page 5*

*Stalking Training, Thursday,  
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Circle, Wednesday,  
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# Community Information

## TRIBAL COUNCIL

Meetings are held on the first Monday of every month at 10:00 am in the chambers at the Administration Building. To be added to the agenda call Tammy Meshigaud, Tribal Council Secretary at 723-2604.

## ADULT & CHILD WELFARE

Meetings are held on the second and fourth Monday of every month at 10:00 am within the Visions Center.

## GAMING COMMISSION

Meetings are twice a month on Wednesday's at 10:00 am within the Casino. Call Brad Madalinski, Gaming Commission Director at 723-2046 with any questions.

## HEALTH BOARD

Meetings are on the fourth Thursday of every month at 3:00 pm in the upstairs conference room of the Health & Human Services building.

## HOUSING BOARD

The Housing Board meets on the first Tuesday of every month at 2:00 pm within the Housing Department.

## SCHOOL BOARD

The School Board meets on the second Thursday of every month at 3:00 pm in the School conference room.

*All times and dates are subject to change. Due to confidentiality reasons, some meetings may have closed sessions.*

## From your Enrollment Department

It is very important that all Tribal Members and Registered Descendants keep their contact information current with the Enrollment Office, whether you live on or off tribal lands.

Your residential address is used in a variety of ways. Examples: when you enroll a child, your residency accuracy is very important; for fire/safety reasons; during tribal elections for voter and board eligibility; census data, etc. Therefore, anytime you move please be sure to contact the Enrollment Officer with your new address and phone number and the names of other members residing at the address.

Hannahville Indian Community  
Enrollment Officer, Jackie Kang  
N14911 Hannahville B-1 Rd  
Wilson, MI 49896

Phone: 906-723-2601

Fax: 906-466-2933

Email: [enrollment@hannahville.org](mailto:enrollment@hannahville.org)

Days/hours of operation: Monday – Friday 8:00 am – 4:00pm EST.



Native Pride, Native Ride!

## EZ TAXI – OPEN, 7 DAYS A WEEK

6:00 a.m. – 2:00 a.m.

466-2128 or 368-0515 Edna Keezer, Owner/Driver

Location: N15321 Cedarview Drive, Wilson, MI 49896

## Fares

### Flat Fees, One Way:

\$3.00 per person on reservation

\$5.00 per person to Bark River or less than 15 miles

\$10.00 per person to Escanaba

### Round Trip:

Flat fee charged plus  
1/2 the flat fee for the  
return trip.

Now offering pick up from Escanaba or within a 15 mile radius for an additional \$5.00. Call EZ Taxi with any questions.

## Drug Take Back Initiative

**What:** Prescription/Non-Prescription Medication (Pill Form Only)

**Where:** Hannahville Tribal Police Department

**When:** Mondays – Fridays, 8:00 am – 4:00 p.m. or by appointment

**Why:** To help keep harmful medications out of the hands of innocent children and drug abusers. Individuals that have known medications, increase their chance of becoming a victim of a crime. The purpose of this program is to provide a safe disposal method to you at no costs and no questions, to help you from becoming a victim. If we can work together to dispose of expired/unused medications, we decrease the chance of these medications getting into the hands of a drug abuser or innocent child. Please consider disposing of these medications today!

**How:** Bring your expired or unused medications to the Hannahville Tribal Police Department and place them into the disposal box located in the lobby.



# Community Information

## Hannahville Housing Department

Stop in the Housing Department to fill out or update an application. The Housing office is open: Monday - Friday 8:00 am - 4:00 pm. The Housing Department will no longer accept phone calls for updates. Postings for available homes are located within the Housing office as well as the Hannahville Housing Facebook page. Remember that you must update your application each time you are applying for a home. You must also have all the required information attached and current to qualify.

### Homes for Rent

TWO 1-bedroom duplex apartments located in Cedarview Subdivision. Rent is \$150.00 per month, plus \$150.00 security deposit. Deadline for applications is Friday, February 20 at 4:00 pm. No exceptions. Call the Housing office at 723-2294 with any questions.



### For Sale on Bids

The Hannahville Indian Community will sell by bid:

2009 Dodge Charger Police Vehicle with 145,670 miles. Body is in good shape; no back seat. Minimum bid amount is \$5000.

Vehicle can be seen at the Hannahville Police Department Monday through Friday from 8:00 - 4:00 EST. Vehicle to be sold "As is". Bids will be accepted through Friday, January 23, 2015.

Hannahville Indian Community offers no expressed or implied warranties, and also states that no representations have been made by its officials, employees, agents, or representatives concerning the fitness, condition, or suitability of any of the vehicles listed.

Bids may be sent to:

Cindy Janofski,  
Hannahville Indian Community  
N14911 Hannahville B-1 Road  
Wilson, MI 49896  
906-723-2650

### Save the Dates for Upcoming Pow Wows

*More information will be posted as it becomes available.*

- Lac Vieux Desert March Pow Wow March 7 & 8th.
- Northern Michigan University's Native American Student Association has announced the date for the 22nd annual "Learning to Walk Together" Pow wow. Please join us at the Vandament Arena on Saturday, March 14th. Doors Open to Public at 11:00 am.
- Winters End Pow Wow hosted by Forest County Potawatomi at the Crandon High School March 21st & 22nd.
- Central Michigan University 26th Annual Celebrating Life Pow wow March 21st & 22nd at the CMU Events Center (Formerly known as Rose Arena), Mount Pleasant Campus. Doors open to the public at 11:00 am both days.
- The 43rd Annual Dance for Mother Earth Powwow, hosted by the Native American Student Association at the University of Michigan, will be held April 4 & 5, at Skyline High School in Ann Arbor.
- MSU North American Indigenous Student Organization is happy to announce the 32nd Annual Pow Wow of Life will be held on April 18th at the Jenison Fieldhouse, East Lansing, MI. For anyone who would like to apply to become a craft or food vendor, please contact our Vendors Chair, Collin Church at Churchco@msu.edu

## **NOTICE OF FINDING OF NO SIGNIFICANT IMPACT AND NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS**

This notice shall satisfy procedural requirements for new construction project activities to be undertaken by the Hannahville Indian Community.

### ***REQUEST FOR RELEASE OF FUNDS***

On or about January 28, 2015, the Hannahville Indian Community will submit a request to the U.S. Department of Housing and Urban Development (HUD) for the release of Indian Community Development Block Grant (ICDBG) funds in the amount of \$235,314 to undertake a project (Project No. B-14-SR-26-2764) to expand natural gas lines from Hannahville B-1 Road to the Cedarview Subdivision within the Hannahville Reservation. The project entails adding new main and service gas lines along 38th Road to provide natural gas service for homes within the Cedarview Sub-Division and homes along 38th Road. This site is located within Hannahville Indian Community trust lands within Menominee County, Michigan.

### ***FINDING OF NO SIGNIFICANT IMPACT***

The Hannahville Indian Community has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information is contained in the Environmental Review Record (ERR) on file at the Environmental Protection Programs Office, Department of Planning/Evaluation, N14911 Hannahville B-1 Road, Wilson, MI 49896, and is available for review and examination or copying. Contact L. Scott Wieting, Environmental Programs Coordinator at (906) 723-2295.

### ***PUBLIC COMMENTS***

Any individual, group, or agency disagreeing with this determination or wishing to comment on the project may submit written comments to the Environmental Protection Programs Division, of the Department of Planning/Evaluation. All comments received by January 28, 2015, will be considered by the Hannahville Indian Community prior to authorizing submission of a request for release of funds. Comments should specify which Notice they are addressing.

### ***RELEASE OF FUNDS***

The Hannahville Indian Community certifies to HUD that Kenneth Meshigaud, in his capacity as Tribal Chairperson, consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. The HUD's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities, and allows the Hannahville Indian Community to use Program funds.

### ***OBJECTIONS TO RELEASE FUNDS***

HUD will accept objections to its release of funds and the Hannahville Indian Community certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the Hannahville Indian Community; (b) the Hannahville Indian Community has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR Part 58; (c) the grant recipient has committed funds or incurred costs not authorized by 24 CFR Part 58, before approval of a release of funds by HUD; or (d) another Federal Agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality.

Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58) and shall be addressed to the U.S. Department of Housing and Urban Development, Eastern/Woodlands Office Native American Programs, 77 West Jackson Blvd., Chicago, IL 60604-3507. Potential objectors should contact HUD to verify the actual last day of the objection period.

Kenneth Meshigaud, Tribal Chairperson  
Hannahville Indian Community

# Health & Wellness

*Breathe  
Healthy*

**Smoke-Free Campus**

**NOTICE:** Starting January 1, 2015 the Health Center will have a 100% Smoke Free Campus. Smoking will no longer be allowed anywhere on Health Center Grounds.

**Quit Smoking Class**

Hannahville Health Center is offering the Freedom From Smoking Class. This class will help you overcome urges, identify smoking triggers, and develop your own Quit Plan.

This class has helped thousands of people quit smoking, and it can help you too!  
Classes run Tuesdays from January 13 to February 24 12:00 — 1:30 pm.

Classes will be held at the Hannahville Health Center.  
For questions, or to sign up please contact Shanna at 723-2570.

## Quit Smoking in 2015!

Is 2015 the year you are going to quit smoking? If this is your goal, there are some things you can do to increase your chances of quitting for good.

### 1. Know your reasons.

Many people have a lot of great reasons to quit smoking! Money, Health, and Family are some of the top reasons people want to quit. What are yours? Write them down and keep them close to you.

### 2. Set your quit date.

If you're motivated to quit, set a quit date right away. Make it for some time in the next 30 days. The sooner, the better! Just give yourself enough time to prepare for the challenges you might face when quitting.

### 3. Prepare.

Quitting is hard! The more prepared you are, the better. Talk with your doctor about quit smoking medications, make a quit plan, and tell your loved ones to be patient with you while you are quitting. You might even tell them not to offer you any cigarettes...

### 4. Quit!

It might be hard work, but it is worth it. Once you quit, cigarettes won't control you anymore. You will be healthier. You will save money.

*If you want help to quit smoking call Shanna at the Health Center at 723-2570. One-on-one quit smoking appointments are available. There is also a Quit Smoking class being offered at the Health Center this month.*



# Health & Wellness

Hannahville Department of Health and Human Services • Community Health

## REACH for Wellness "Individual Challenge"

Are you tired of the same old cookie cutter weight loss programs? How about the programs or magic pills that promise to cut six inches off your waist in four weeks? Finally, there is a program that will be designed for you, to help you meet your goals. All you have to do is meet with our personal trainer to have an assessment and a program will be designed to meet your needs. Not only will it meet your needs but it will also meet you at your fitness level. The only thing that will be mandatory is weekly weigh-ins.



Let's see what 12 weeks can do for you on an individual basis. This challenge starts on **Monday, February 9, 2015** and ends Thursday, April 30, 2015.

There is a \$10.00 buy in fee, but all money taken in, will go back in prizes. The prizes will be based on the amount of participants. It doesn't matter if your goal is to lose weight or just to tone, this challenge will address both. We will have a fitness side and a weight loss side of this challenge. Each side will win a prize.

If you have any questions or if you want to sign up contact Tracy L. Sagataw @ 723-2565.

### The Wellness Center

*located on the 2nd floor of the Palm Tower of the Island Resort & Casino.*

The Wellness Center has many amenities including lockers, towels and showers!

Individuals must meet the following criteria to use the Wellness Center:

- Employed by the Casino or Hannahville Indian Community or Registered Tribal Member
- 18 years of age or older



For more information call the Wellness Center office at 723-2038.

**OPEN  
24  
HOURS**

A New Year! Improve You!

Looking for that extra boost to kick start the year?

Join us at the **REACH for Wellness Fitness Center** located on the upper level of the Health Clinic.

We have many classes, a personal trainer or just come and use the equipment on your own.

Call us at 723-2565 or stop in anytime.

#### Wellness Fitness Center Hours:

Mondays & Wednesdays 7:00 a.m. - 5:00 p.m.  
Tuesdays, Thursdays & Fridays 7:00 a.m. - 4:00 p.m.

*Open to Tribal Members and Employees 18 & over.*



**Classes offered at the REACH For Wellness Fitness Center**

Monday & Wednesday Toning at 4:00pm

Tuesday & Thursday Toning at 8:00am

Monday – Elder's exercise at 1:00pm in elder's building #1

Tuesday Toning at 12:00pm

Wednesday 6 mile workout at 8:00am.

Friday Spin at 8:00am

# EAP

help. when you need it.

EAP is FREE and CONFIDENTIAL to employees & their dependants.

Remember your **EMPLOYEE ASSISTANCE PROGRAM** is here to help you and your family. E.A.P. can help with: marital issues, family issues, stress, depression, work related issues, parenting issues, divorce issues, gambling issues, financial concerns and more. It's just a call away!

Mark Hallfrisch is available every Monday, in the office located within the Casino. For an appointment call: 786-7838.

# Health & Wellness

## Hannahville Department of Health and Human Services Update

In an effort to help our patients get in for a medical appointment as quick as possible, we are working on ways to reduce our no-show rate.

A no-show is defined as one of the following:

- A patient does not show-up for their appointment
- A patient arrives after their appointment time
- A patient cancels less than 4 hours before their scheduled appointment

Unfortunately, our no-show rate is very high. In the month of October, 36% of patients scheduled to be seen no-showed. This is even after patients were sent reminder cards and received reminder calls. We are also exploring other ways to improve our show rate, but we need you to do your part.

Here is an example of how no-shows affect the availability of a clinic provider: If there are 12 appointments scheduled for the day and 5 patients no-show, those patients will need to reschedule at a later date, which in turn, prevents appointments being available. This then impacts when you can get an appointment with the doctor.

Currently, the next available appointment is in 9 weeks for Dr. Greenfield. The more no-shows the Clinic has each day, the longer it takes for you to get an appointment.

Things you can do to help:

1. Make all attempts to keep your scheduled appointments
2. Cancel appointments you cannot keep by calling 723-2521 prior to the day of appointment or as soon as possible.

If you have any suggestions on how the no-show rate can be reduced, please fill out a comment card at the Health Center. Thank you.



## JANUARY IS NATIONAL STALKING AWARENESS MONTH

Please join us in taking a stand against stalking.

**Thursday, January 22nd  
Stalking Training at the  
Community Center from 11-2**

If you or someone you know is being stalked and you are in immediate danger, please call 911. You can also contact Ruth Oja at 723-2662.

## The Wellness Advisory Council is seeking NEW MEMBERS

The Hannahville Health Center is offering the chance for new members to join our current Wellness Advisory Council. If you are interested in participating in this group, please call Kris at 723-2530.

## Healthy Eating for a Healthy 2015

• Reduce sugar and calories from beverages. Pop, kool-aid, coffee creamer, and juice can add hundreds of calories to your daily intake, without making you feel full.



• Pay attention to what you are eating. Stop eating in front of the TV or computer. Try having a rule to only eat at the kitchen table.



• Get a variety of fresh, frozen, and canned fruits and vegetables. Aim for 5 servings/day. Throw veggies in your omelets or stir-fry. Fruits make a great on-the-go snack.



Contact Erin, the dietitian, at the Health Center if you'd like to set up a time to discuss your diet, meal planning on a budget, or weight loss by calling 723-2534.

## Kids Only Dental Week!

February 9 – February 13  
Call today to reserve your child's spot! Exams, x-rays, sealants, cleanings & fluoride treatments! Call 723-2506 now!



# Youth Services Calendar

## Events Calendar-January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 No School <b>HYS CLOSED</b>	2 No School <b>HYS CLOSED</b>	3
4	5	6	7	8	9	10
11	12	13 KidZone 3-5pm DROP-IN MUSIC WITH JOSH 3:30 PM Family Rec. Night 5:30 pm SLOPPY JOES	14 KidZone 3-5pm <b>AWANA</b> Youth Exercise Class 3:15-5 pm  Elementary Cooking with Ida-5 pm	15 KidZone 3-5pm  Drop-In Beading 6-8 pm	16  FAMILY DINNER & CRAFT NIGHT 5:00 PM 	17
18  Co-Ed Volleyball 6:30 pm start	19 KidZone 3-5pm Dance Class Youth Exercise Class 3:15-5 pm	20 KidZone 3-5pm DROP-IN MUSIC WITH JOSH 3:30 PM Family Rec. Night 5:30 pm FRENCH TOAST	21 KidZone 3-5pm <b>AWANA</b> Youth Exercise Class 3:15-5 pm 	22 KidZone 3-5pm  Drop-In Beading 6-8 pm	23 Create-A-Vine 3:30pm 	24  Family Tubing Night 6:30 pm @ Gladstone Ski Hill
25  Co-Ed Volleyball 6:30 pm start	26 KidZone 3-5pm Dance Class Youth Exercise Class 3:15-5 pm	27 KidZone 3-5pm DROP-IN MUSIC WITH JOSH 3:30 PM Family Rec. Night 5:30 pm TATER TOT CASSEROLE	28 KidZone 3-5pm <b>AWANA</b> Youth Exercise Class 3:15-5 pm 	29 KidZone 3-5pm  Drop-In Beading 6-8 pm	30	31  Teen Movie Night (ages 13+) Movie TBA 7 pm

All events and activities are for YOUTH (unless designated as a "family" event) and are subject to change; if you have questions about a certain event, activity or program offered through the Youth Services department, please call 466-5397. Youth must be age 7 or older to utilize the Youth Center unsupervised. Youth under age 13 are not allowed after 6:30 pm except for special events.

Youth Center Hours of Operation: Daily 1:00-9:00 pm

Closed dates for holidays and/or staff development marked in **yellow**.

**January  
2015**

# Hannahville Indian School Nah Tah Wahsh PSA

Phone: 466-2952

Superintendent: Tom Miller  
Director of Operations: Bill Boda  
Dir. of Curriculum: Adrienne Soucy  
Discipline/Special Ed Coordinator:  
Brendan Williams

## Mark Your Calendar Upcoming Dates and Events

### SCHOOL SCHEDULE:

Jan 16	Early Childhood Council Meeting-Conference Rm 8:30am
Jan 21	Early Childhood Family Circle (setting goals) 5-6:30pm
Jan 23	End of 2nd Quarter / 1st Semester
Jan 29	Student-led Conferences . . . . . 3:00-5:00pm

### Looking Ahead

- **Feb 10th** is the next day for professional learning, so no school for students.
- We will be having **"Financial Aid Night" on February 17th**. It is intended for anyone who will be attending college next fall. ANY community members who are considering returning to college are invited! Laurie Spangenberg, the Director of Financial Aid at Bay College, will be there to assist anyone who would like to fill out their forms. Additional information will be included in next months newsletter.
- Discover Your Child Screenings will be held for families of children ages 0-5 on Friday, February 20th from 11:00 - 1:30 with lunch provided.



Kitchen is done serving breakfast at 8:12am.  
All students need to be in class at 8:15am.

# Happy New Year!



**All students grades K-3 need to bring BOOTS & SNOWPANTS + jacket, hat, & mittens every day for recess.**

## Hannahville Eagles Sports Schedule

### High School Girls' & Boys' Basketball

*Girls' Coach: Josh Eagle / Boys' Coach: Seth Miller*



Jan 19 (Mon)	DC Knights (scrimmage)	<b>GIRLS only</b> 3:30pm
Jan 21 (Wed)	@ Ojibwe Charter	Girls 3:30pm / Boys 5:30pm
Jan 23-24	Paradise	<b>BOYS only</b> Fri: 6pm / Sat: 8:30am
Jan 26 (Mon)	@ Mid Pen vs. Superior Central	<b>GIRLS only</b> 6:00pm
Jan 28 (Wed)	Big Bay	Girls 6:00pm / Boys 7:30pm
Jan 30-31	Maplewood Baptist	Fri: Girls 6:00pm / Boys 7:30pm Sat: Girls 8:30am / Boys 10:00am



Hannahville Indian School/Nah Tah Wahsh  
We Believe. We Achieve. We Succeed.

“Today a reader, tomorrow  
a leader.”  
—Margaret Fuller

## Help your child improve memory & build strong observation skills



Scientists have strong observation skills. They notice and remember details. Here’s a fun way to help your child build

these same skills.

Ask your child to describe the front of a building he knows well. It could be your house, your apartment building or the school. Just choose a building that he sees regularly.

He should describe it as accurately as he can. How many stories high is the building? What color is the front door? How many windows are there? Are the window frames painted a different color?

Have him write down what he thinks he remembers. Then take a trip. Walk outside to look at the front of your house. Walk down the street to see the school.

Check the reality against the details your child remembered. What observations were correct? Which details did he miss?

You can also turn this into a game when you’re on a walk. Say, “How many windows were on the front of the house we just passed?” See if your child can remember without looking.

**Source:** S. Berman, *Thinking Strategies for Science: Grades 5-12*, Corwin Press.

## Reduce frustration by keeping your discipline technique simple



There’s no way around it: Your child is going to misbehave—and it’s going to be frustrating! You can’t change that,

but you can control your expectations and responses. That’s why the American Academy of Pediatrics encourages parents to:

- **Be realistic** about children’s abilities. If you demand too much from your child, you’ll both be disappointed. Make a few simple rules he can understand. Match them to his age and maturity-level. Then expect a reasonable amount of cooperation.
- **Mean what you say.** Think carefully before you state a rule, promise or consequence. Is it fair? Will you really follow through?

Once you’ve made a good decision, stick to it! Kids make better choices when they can count on what parents say.

- **Consider your child’s feelings.** Kids appreciate parents’ understanding. It helps them behave. Say, “I know you’re disappointed that you can’t have a sleepover. Maybe another night.”
- **Be forgiving.** No child—or parent—is perfect. If you do something you regret, such as yell at your child, discuss it when you’re calm. Apologize and say what you’ll do differently next time. Then keep your word! Teach your child that everyone can learn from mistakes.

**Source:** “Disciplining Your Child,” Healthy Children, American Academy of Pediatrics, [nswc.com/aap-discipline](http://nswc.com/aap-discipline).

## Academic success starts with regular attendance



“Does it really matter if my child misses school?” parents wonder. “Yes!” say experts. Research shows

that regular attendance is linked to current and future school success. When kids miss too much school, they miss more than daily lessons. They miss the chance to build social and academic foundations that help with future learning.

To minimize attendance issues:

- **Remember** that excused and unexcused absences take a toll on learning. Keep track of how often your child is absent or tardy. In general, if a child is out of school 10% or more of the year, absences are considered particularly serious.
- **Keep the school calendar** handy when making plans. Schedule appointments and trips when school isn’t in session. If your child needs to miss school, talk with the teacher.
- **Tell school officials** about problems that lead to absences. Many families face challenges with health, transportation, child care and other issues. Community programs may be able to help.
- **Avoid unnecessary absences** by establishing family routines that make life easier. Small changes, such as organizing school supplies at night and getting enough sleep, can make a big difference.

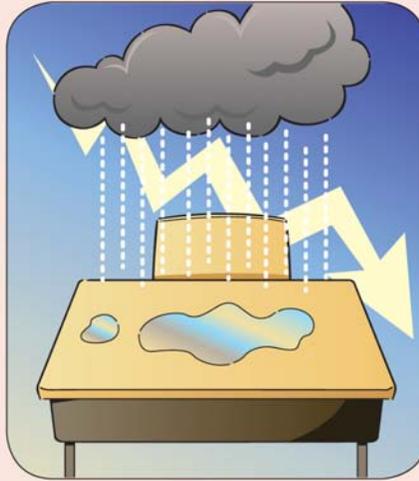
**Source:** H. Chang and M. Romero, “Present, Engaged, and Accounted For: The Critical Importance of Addressing Chronic Absence in the Early Grades,” National Center for Children in Poverty, [www.nccp.org/publications/pub\\_837.html](http://www.nccp.org/publications/pub_837.html).

## Why is it so important for your middle schooler to be in school?

Every day of school is important. But after winter break, missing days of school can be especially tough on your child. She should be in school every day unless she is ill.

Here's why:

- **Once the year is half over**, many teachers turn a serious eye to the end-of-year exams that are so important to school accreditation. The pace of instruction picks up. It becomes more difficult to catch up after missed days.
- **In just a few weeks**, if not sooner, teachers will also begin to review for the end-of-year exams. This review will go on at the same time as regular teaching.
- **Your child may have more homework** as a result of faster instruction and review. The more time she is out of school, the more it piles up. And she will be required to turn it all in.



Please continue to:

- **Emphasize** to your child the importance of daily attendance. Being on time is important, too!
- **Accept** no excuses except true illness or emergency for having your child miss school.
- **Avoid** making plans for your child that would require her to miss school.

## Parents must guard against peer pressure from other adults



Middle schoolers are not the only ones who face peer pressure. As a parent, you may find yourself battling it, too.

Usually, this parent peer pressure is no better for your child than the kind he gets from his own peers. It involves someone else trying to get your child to do what isn't right for him. But this time they are trying to go through you.

As a parent, guard against:

- **The parent version** of "everyone else is doing it." Just because a friend's parent says it's okay for a group of kids to have a party and sleep over at their home on

a school night doesn't mean your child should go, too. Say, "I appreciate the invitation, but our rule is that Ben doesn't attend sleepovers on school nights."

- **Being made to feel guilty.** Stick to your values no matter what another parent says to you.
- **Parents who supply kids** with alcohol. Yes, there are those who say "They're going to do it anyway. They might as well do it safely at home." This is nonsense! And it sends a terrible message. Do not ever let your child attend events chaperoned by such adults.

**Source:** S. Borowitz, *When We're in Public, Pretend You Don't Know Me*, Warner Books.

Hannahville Indian School/Nah Tah Wahsh  
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## After-school activities offer many benefits



Middle schoolers often have access to after-school programs either at school or in the community. Many such

programs are academic. Others help your child do better in school in other ways. Regular attendance in such programs may be worthwhile.

In fact, research shows that regular attendance in after-school programs leads to:

- **Better social skills.** This includes being able to communicate and solve problems.
- **Better performance in school.** That includes higher grades and more completion of homework.
- **Healthier habits.** That includes avoiding cigarette and drug use.
- **Improved school attendance.** The sense of belonging and the connection to caring adults can make children more likely to go to school.

To help your child get these benefits:

- **Find safe transportation.** Some after-school programs include bus transportation. If not, your child may be able to travel in a car pool or community bus.
- **Consider home schedules.** Of course your child has responsibilities at home. Try adjusting these so your child can attend a program.
- **Look for a program** that interests your child. At the very least, ask him to give it a chance.

**Source:** H. Chang and P. Jordan, "Building a Culture of Attendance: Schools and Afterschool Programs Together Can and Should Make a Difference!" The Expanded Learning and Afterschool Project, [niswc.com/attendance-afterschool](http://niswc.com/attendance-afterschool).

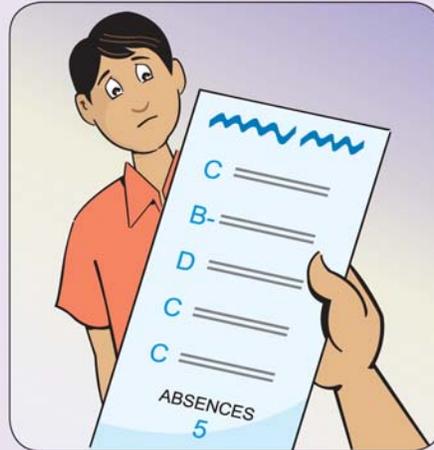
Hannahville Indian School/Nah Tah Wahsh We Believe. We Achieve. We Succeed.

## Show your teen the importance of getting to all classes on time

The bell just rang. Students in room 104 are at their desks and ready for class to begin—except for your teen. He's still in the hall talking with his friends. But when you read his report card and ask why he has been late to class several times, he shrugs his shoulders.

Here's why he—and you—should care about tardiness:

- **Tardiness takes everyone's time.** A student who arrives late disrupts the teacher's plan. It shows disrespect for the teacher and for every student in the class.
- **It could affect his grade.** Many schools add up the number of times a student is tardy and translate those into uncused absences. (For example, three tardies could equal one



absence.) Your child may be counted as absent even if he eventually showed up for class.

- **It's a bad habit.** Adults who can't get to work on time may be fired. Your teen should learn habits that will prepare him for life.

## Talk to your high schooler about the high cost of dropping out



Not long ago, a student who dropped out of high school could still live a comfortable life.

In 1967, nearly half of high school dropouts earned enough money to be considered part of the middle class.

But today? Most high school dropouts find themselves at the very bottom of the income scale. Many of the jobs that allowed people without an education to earn a good living are gone.

Today, high school dropouts can get only low-wage jobs with little

opportunity for advancement—earning on average about \$20,000 a year. Just by graduating from high school, teens can add \$10,000 more a year to their salaries.

Poor attendance is often one of the first signs that a student is preparing to drop out of school. If your teen's attendance is less than perfect, deal with the issue now. Get your teen back into the habit of going to school regularly. By keeping her in school today, you'll help her earn a living in the future.

**Source:** "Mean Earnings by Highest Degree Earned," *Statistical Abstract of the United States: 2012*, US Census Bureau.

## Is your teenager using social networks safely?



Social networking sites—like Twitter and Instagram—are increasingly popular among teens. Answer *yes* or *no* to the questions below to find out if you are helping your teen use these sites safely:

1. **Have you talked** with your teen about the dangers of sharing personal information online?
2. **Does your teen know** that if he chooses to be on a social networking site, he must allow you to be part of his network?
3. **Have you talked** about why your teen should not post inappropriate photographs or comments about drugs and alcohol online?
4. **Do you limit** when, where and for how long your teen can use social media?
5. **Does your teen know** you will monitor the computer and his cell phone to see what he's doing?

**How well are you doing?**

Mostly *yes* answers mean you are helping your teen use social media safely. For each *no* answer, try that idea from the quiz.

# Parents

*still make the difference!*

Practical Ideas for Parents to Help Their Children. ISSN: 1523-1291

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Illustrator: Joe Mignella.

# JANUARY 2015

## Calendar of Events



All Times Eastern  
www.islandresortandcasino.com



800-682-6040  
906-466-2941  
15 Mins. West of Escanaba  
on Hwy. 2 & 41

### Lounge Entertainment

Club Four One  
8:30pm-1:30am ET

Dec. 31-Jan 3 Brother Virginia  
January 7-10 Passion  
January 14-17 Manny B.  
January 21-24 Topper  
January 30-31 TBD

Sun Mon Tue Wed Thu Fri Sat

<b>BINGO</b>	<b>EVENING SESSIONS:</b> Sunday - Saturday Doors Open 4:00 pm Early Birds 6:30 pm Regular Session 7:00 pm  <b>MATINEE SESSION:</b> Sunday Only Doors Open 10:30 am Early Birds 12:30 pm Regular Session 1:00 pm  Electronics Available Every Day		  Wednesdays in January <b>Seniors WIN Cash Equal to Your Age!</b>	  <b>Upper Hand Beer Dinner</b>  January 22 6:30 pm	1 Bingo - Regular  New Year's Day 2-Person Team Poker Tournament 11:00 am	2 Bingo- King & Queen  Poker Tournament 6:30 pm	3 Bingo- Regular <b>COSMIC BINGO</b>  Poker Tournament 5:00 pm  SLOT TOURNAMENT 7:00 pm	
	4 Bingo - Odd AM/ Regular PM  Midwest Poker Challenge 5:00 pm  <b>Comedy Night</b> <i>Rob Holloway</i>	5 Bingo - Table Buddy  TEAM SLOT TOURNAMENT 5:30 pm	6 Bingo - Regular	7 Bingo - King & Queen  Poker Tournament 6:30 pm	8 Bingo - Even  WSOP Super Satellite Poker Tournament 6:30 pm  SLOT TOURNAMENT 6:00 pm	9 Bingo- Regular <b>COSMIC BINGO</b>  Poker Tournament 6:30 pm	10 Bingo- Extra Cash  Poker Tournament 5:00 pm	
	11 Bingo - Regular AM/Monitor PM  Midwest Poker Challenge 5:00 pm  <b>Comedy Night</b> <i>Brad Tassel</i>	12 Bingo - Odd	13 Bingo - Regular	14 Bingo - Table Buddy  Poker Tournament 6:30 pm  SENIOR SLOT TOURNAMENTS 11:00 am & 6:00 pm	15 Bingo - Regular  WSOP Super Satellite Poker Tournament 6:30 pm	16 Bingo- King & Queen  Poker Tournament 6:30 pm	17 Bingo- Regular <b>COSMIC BINGO</b>  Poker Tournament 5:00 pm	
	<b>VINCE NEIL</b>						8:00 PM	8:00 PM
	18 Bingo - Table Buddy AM/Regular PM  Midwest Poker Challenge 5:00 pm  <b>Comedy Night</b> <i>Chad Zumock</i>	19 Bingo - Extra Cash  SLOT TOURNAMENT 12:00 pm	20 Bingo - King & Queen	21 Bingo - Regular  Poker Tournament 6:30 pm	22 Bingo - Even  WSOP Super Satellite Poker Tournament 6:30 pm  SLOT TOURNAMENT 6:00 pm	23 Bingo- Regular <b>COSMIC BINGO</b>  Poker Tournament 6:30 pm	24 Bingo- Monitor  Jewett Invitational Poker Tournament 11:00 am	
	25 Bingo - Even AM/ Regular PM  Midwest Poker Challenge 5:00 pm  <b>Comedy Night</b> <i>Brian Aldridge</i>	26 Bingo - Odd	27 Bingo - Regular  SLOT TOURNAMENT 12:00 pm	28 Bingo - Monitor  Poker Tournament 6:30 pm  SENIOR SLOT TOURNAMENTS 11:00 am & 6:00 pm	29 Bingo - Table Buddy  WSOP Super Satellite Poker Tournament 6:30 pm	30 Bingo- Regular  Poker Tournament 6:30 pm	31 Bingo- Regular <b>COSMIC BINGO</b>  Poker Tournament 5:00 pm	
	<b>RANDY HOUSER</b>						8:00 PM	8:00 PM

# Activities

POTAWATOMI LANGUAGE WORD SEARCH

W	H	V	S	B	S	M	A	I	N	N	M	C	G	L
W	D	Q	P	T	E	I	C	T	U	A	X	I	L	A
P	N	A	M	E	M	A	L	X	P	D	U	E	A	T
A	N	D	G	C	G	J	Z	L	S	N	U	U	I	Q
L	T	Y	G	N	H	F	O	Q	S	A	O	A	B	M
S	P	K	H	T	A	D	D	P	N	M	V	G	A	J
H	A	T	K	Z	U	N	B	A	T	H	C	F	W	L
W	O	B	K	U	L	S	D	T	A	T	L	X	A	Z
H	D	D	I	G	O	B	H	Z	O	T	F	W	Y	O
J	W	M	O	S	H	T	O	N	K	I	A	P	B	W
U	R	G	R	T	F	S	N	B	W	B	P	R	O	N
R	I	F	T	A	J	P	P	L	M	W	S	X	A	O
K	E	I	Q	W	H	S	R	A	X	X	X	F	E	D
M	B	E	S	X	S	M	N	F	R	E	A	R	V	A
W	B	N	B	I	X	I	B	N	V	A	N	N	Z	N

Although words are shown with spaces between below, they appear as one word within the search.

**WNO DAN**  
He/she hears it

**WAB MAN**  
He/she sees him/her

**WBITH MANDAN**  
He/she smells it

**WBITH BDAN**  
He/she tastes it

**WDA GNAN**  
He/she touches it

**WMOSHTON**  
He/she feels it



To learn more Potawatomi, visit [www.potawatomilanguage.org](http://www.potawatomilanguage.org)

## CAN YOU FIND 5 DIFFERENCES BETWEEN THESE PHOTOS?

**ORIGINAL**

**CHANGED**



ANSWERS: "R" MISSING ON RANCH SIGN, SCARF ON GIRL, SIGN ON WALL, SNOW ON FLOOR, ELF HAT ON GIRL.

# January Birthdays

Charlotte Megenuph . . . . . 1/1	Marilyn Shawano . . . . . 1/12	Gerald Wandahsega. . . . . 1/22
Michael Troxell. . . . . 1/1	Terry St Germain. . . . . 1/12	Colton Brunette. . . . . 1/22
Darren Matrious . . . . . 1/3	Ronald Jesse . . . . . 1/12	Mona Crampton . . . . . 1/24
Tyler Meshigaud . . . . . 1/3	Farren Sprague . . . . . 1/12	Clarence Ritchie . . . . . 1/24
Brent Wandahsega-Couillard . . . 1/3	Lena Carpenter . . . . . 1/13	Ashley Alexander . . . . . 1/24
Lena Philemon . . . . . 1/3	Angela James . . . . . 1/13	Selena Thunder . . . . . 1/24
Rydelle Metzger . . . . . 1/3	Kenneth Meshigaud . . . . . 1/14	Aiyanna Alexander . . . . . 1/24
Ruth Robinson . . . . . 1/4	Tara Burris . . . . . 1/14	Marissa Meshigaud. . . . . 1/25
Nicholas Wandahsega . . . . . 1/5	Kenna Meshigaud . . . . . 1/14	Heather Malinowski . . . . . 1/26
Janice Meshigaud . . . . . 1/6	Jamie Kidd . . . . . 1/15	Jesse Meshigaud . . . . . 1/26
Paula Frye . . . . . 1/6	Joan Trippler . . . . . 1/16	John Lattergrass . . . . . 1/26
Tamika Brame. . . . . 1/6	Christy Meshigaud . . . . . 1/16	Travis Wandahsega . . . . . 1/27
James Smith . . . . . 1/6	Scott Megenuph . . . . . 1/16	Dayton Arteaga . . . . . 1/27
Navaeh Williams-Boda. . . . . 1/6	Zackary Withey. . . . . 1/16	Linda Larson . . . . . 1/28
Jeffrey Carlson III. . . . . 1/7	Emily Wandahsega-Smith. . . . . 1/18	Wesley Teeple . . . . . 1/28
Joshua Doherty . . . . . 1/8	Lorraine Cope . . . . . 1/18	Scott Philemon . . . . . 1/29
Robert Meshigaud. . . . . 1/9	Patrick Sagataw. . . . . 1/19	Haydon Wandahsega. . . . . 1/29
Parker Trudeau . . . . . 1/9	Jeffrey Sagataw . . . . . 1/20	Eleanore Adrian . . . . . 1/30
Geneva Wandahsega . . . . . 1/11	Becky Meshigaud . . . . . 1/21	April Spantikow . . . . . 1/30
Mark Seymour . . . . . 1/11	Renee Wandahsega . . . . . 1/21	Thomas Smith . . . . . 1/30
Christian Wandahsega. . . . . 1/11	Eric Halfaday . . . . . 1/21	Reginald Meshigaud Jr. . . . . 1/30
	Elijah Meshigaud . . . . . 1/21	Stephen Keezer . . . . . 1/31
		Dominique Wandahsega . . . . . 1/31
		Ethan Meshigaud . . . . . 1/31



*Happy birthday to our daughter Nevaeh. We love you! Love, Mom & Dad*

*Happy birthday Bun! From your favorite niece*

Happy Birthday Paula! Love, your other niece

*Happy birthday babe*



Introducing Grayson Russ-Earl Dishno. Born on Oct. 26, 2014 at 8:05 am. Proud parents: Kelli Jackson and Ray Dishno.

Happy birthday lil Johnny Boy! From the Smiths



**Shi Shi Be**

**Saturday, January 31st  
at the Community Center.  
Everyone is invited!**

**Doors open at noon. Games begin at 1:00 p.m. A meal will be served sometime in between games. Blank sheets and words are available at the front desk of the Administration Building. Call 723-2612 with any questions.**

**Hannahville  
Indian  
Community**



Like us on  
**Facebook**

## *Hannahville Happenings*

Published by – Hannahville Indian Community

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Hannahville Happenings is a monthly publication of the Hannahville Potawatomi Tribe. Opinions appearing in this publication do NOT necessarily reflect the opinions of the Hannahville Happenings staff or the Hannahville Community.

We welcome letters, editorials, articles and photos from our readers. Submissions are entered into each newsletter based on priority. Space is limited. Thank you for understanding.

### **DEADLINE FOR SUBMISSIONS**

Submissions for February's issue must be received by Friday, January 23rd.

Visit our facebook page to view job posting's and reminders of events.



[www.hannahville.net](http://www.hannahville.net)

Visit the Hannahville Indian Community web site for job posting's, event calendar and more!

### **TRIBAL MEMBER TAX RETURN DATES**

Friday, **January 30th**, 9am–3pm

Friday, **February 6th**, 9am–3pm

Friday, **February 13th**, 9am–3pm

Anderson, Tackman & Co. will be in the Tribal Chambers on the dates listed above preparing Tribal Member tax returns on a **first come, first serve basis**.

As in years past the Tribal Council has budgeted to provide this service free of charge to Tribal Members.

**Please bring all tax documents with you.** Tax documents can include: W2's, 1099's, SSA statements, bank statements, heating expenses for the year (for home heating credit), social security numbers for household members, child care statements, identification.

Hannahville Indian Community and Casino employee W2's and 1099's will be available for pick up on **Monday, January 26th**.

## *Hannahville Happenings*

Hannahville Indian Community  
N14911 Hannahville B-1 Road  
Wilson, Michigan 49896

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