

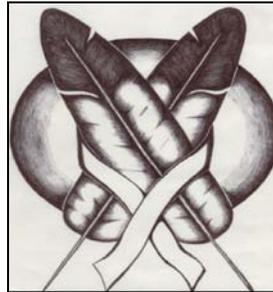
# MNO NODEGEWEN HANNAHVILLE

(Something good you hear about in Hannahville)

*bna kwi gises – Autumn Moon October 2015*

## **October is National Domestic Violence Awareness Month**

The number of American Troops killed in Afghanistan and Iraq between 2001 and 2012 was 6,488. The number of American women who were murdered by current or ex male partners during that same period of time was 11,766. Nearly double the amount of casualties lost during war. A woman is beaten every nine seconds in the U.S. Three women lose their lives everyday at the hands of someone who promised to love and protect them.



Domestic Violence can affect anyone regardless of age, gender, or race. Taking a stand against Domestic Violence isn't always easy. We are fighting our own war right here in our back yards. What are you willing to do to STAND AGAINST DOMESTIC VIOLENCE ?

We' Netth e We' ge' holds an annual Parade, Bridge walk, Cookout and Informational Fair to bring awareness of Domestic Violence to our community. This event is important as each participant is taking a stand against domestic violence.

We would like to thank our Grand Marshall's, Charlene Teeple and Ruth Oja, these two ladies started our Parade almost 20 years ago. It was a great honor to have both of you as our Grand Marshalls. We would also like to thank our Police Department for traffic control and especially Justin Poupore, Justin Hansen, and Nicki Lanaville, along with our Tribal Chairman Ken Meshigaud for cooking all our food. Thank you to the Casino for the donation of all our food and to Bink's Coca Cola for donating all the soda and cups.

This years parade winners are Miss Gina Zanon's class for 1st place, Visions Center for 2nd and the Health Center for 3rd. Again thanks to all of you who participated in helping us take a stand against Domestic Violence.



## **FEATURED EVENTS**

*Daylight Savings Time,  
Sunday, November 1st  
....page 3*

*Youth Services' Halloween  
Carnival, Friday, October  
30th ....page 9*

*Nah Tah Wahsh PSA/  
Hannahville Indian School  
PTSA/Title 1 meeting,  
Tuesday, November 10th  
....page 10*

*Cultural Family Literacy  
Night, Tuesday, November  
3rd .... back cover*

## **In This Issue**

Community Info.....	pages 2-3
Gaming Commission .....	page 4
Employment Opportunities ..	page 5
Behavioral Health .....	pages 6-8
Halloween Events .....	page 9
Escanaba Library .....	page 10
Parent Institute Tips ..	pages 11-13
Activities .....	page 14
Birthdays/Personal Ads .....	page 15

# Community Information

## TRIBAL COUNCIL

Meetings are held on the first Monday of every month at 10:00 am in the Tribal Council chambers at the Administration Building. To be added to the agenda call Tammy Meshigaud, Tribal Council Secretary at 723-2604.

## ADULT & CHILD WELFARE

Meetings are held on the second and fourth Monday of every month at 10:00 am within the Visions Center.

## GAMING COMMISSION

Meetings are twice a month on Wednesday's at 10:00 am within the Casino. Call Brad Madalinski, Gaming Commission Director at 723-2046 with any questions.

## HEALTH BOARD

Meetings are on the fourth Thursday of every month at 3:00 pm in the upstairs conference room of the Health & Human Services building.

## HOUSING BOARD

The Housing Board meets on the first Tuesday of every month at 2:00 pm within the Housing Department.

## SCHOOL BOARD

The School Board meets on the second Thursday of every month at 3:00 pm in the School conference room.

## AMERICAN LEGION POST 116

Post 116 meets on the first Tuesday of every month at 6:00 pm in the Elder's Building #1 Commons Area.

*All times and dates are subject to change. Due to confidentiality reasons, some meetings may have closed sessions.*

## From your Enrollment Department

It is very important that all Tribal Members and Registered Descendants keep their contact information current with the Enrollment Office, whether you live on or off tribal lands.

Your residential address is used in a variety of ways. Examples: when you enroll a child, your residency accuracy is very important; for fire/safety reasons; during tribal elections for voter and board eligibility; census data, etc. Therefore, anytime you move, please be sure to contact the Enrollment Officer with your new address and phone number and the names of other members residing at the address.

Hannahville Indian Community      Phone: 906-723-2601  
Enrollment Officer, Jackie Kang      Fax: 906-466-2933  
N14911 Hannahville B-1 Rd      Email: enrollment@hannahville.org  
Wilson, MI 49896

Days/hours of operation: Monday – Friday 8:00 am – 4:00pm EST.

## From the Accounting Department

If you have any changes to your account information, the Accounting Department needs notice at least one week prior. For example, if you want to stop direct deposit and get your per capita in check form, the Accounting Department needs to know this one week before per capita comes out. The Accounting Department has to finalize this information in a timely matter, so if you call the day before, the change cannot be applied to your account until the following month. If you have any questions, call Kelli Danz, Accounting Director at 723-2631.

## Drug Take Back Initiative

**What:** Prescription/Non-Prescription Medication (Pill Form Only)

**Where:** Hannahville Tribal Police Department

**When:** Mondays – Fridays, 8:00 am – 4:00 p.m. or by appointment

**Why:** To help keep harmful medications out of the hands of innocent children and drug abusers. Individuals that have known medications, increase their chance of becoming a victim of a crime. The purpose of this program is to provide a safe disposal method to you at no costs and no questions, to help you from becoming a victim. If we can work together to dispose of expired/unused medications, we decrease the chance of these medications getting into the hands of a drug abuser or innocent child. Please consider disposing of these medications today!

**How:** Bring your expired or unused medications to the Hannahville Tribal Police Department and place them into the disposal box located in the lobby.



# Community Information

## Recovery Meetings

Monday at 2:30 pm  
Recovery Support Group at  
Hannahville Behavioral Health

Wednesday at 7:00 pm  
Talking Circle at Three Fires Housing

Thursday at 2:30 pm  
Recovery Support Group at Hannahville  
Behavioral Health

Friday at 10:00 am  
Social Support Group at Hannahville  
Behavioral Health or other designated location

Saturday at 10:00 am  
NA meeting at Hannahville Community Center  
Call 466-2878 for more information.



## Hannahville Housing Department Homes for Rent

To apply, stop in the Housing Department to fill out or update an application. Housing hours of operation are Monday – Friday, 8:00 am – 4:00 pm (est).

Call Housing with any questions at (906) 723-2294.

3 bedroom house  
located on Eagle  
Road. Rent is  
\$200.00 monthly  
plus deposit.



1 bedroom,  
Duplex Elders  
Apartment located  
on Balsam Lane.  
Rent is \$100.00  
per month.

(This unit only is applicable to those who will reach the age of 55 yrs. on or before November 3, 2015)

Deadline for both openings listed above is Friday, October 30, 2015 4:00pm. No exceptions.

## Time to turn your clocks back!

Daylight Savings Time ends on  
Sunday, November 1, 2015 at 2:00  
a.m. at which time clocks need to  
be turned backwards 1 hour.



## Homemakers

The ladies of Homemakers will be at the Homemakers building every Tuesday from 2:00 – 8:00 p.m. beginning October 6th until May 31st. Any community member is welcome to attend. The ladies are willing to help you with your projects, but you must supply your own materials. Sewing machines are available for use.



If you have any questions, call 723-2298 during Home-makers hours.

## \*\*\*\* Attention Tribal Members\*\*\*\*

Just a reminder for tribal members on SSI, Medicaid or receiving food assistance. Be sure to report the \$1000 stipend you received on September 30 to your case-worker or Social Security. Not claiming this money could seriously affect your household.

Any questions feel free to contact  
Marcia Granquist at 723-2541.



There will be a benefit dinner for Erin Davis and her family on Friday, November 13th at the Community Center from 11:00-2:00. \$5.00 per plate. Erin is the Diabetic Coordinator for the Hannahville Health Clinic. Her family encountered a house fire on 10/20. All proceeds will go to her family.

# Gaming Commission

## Island Resort & Casino Key Employee and Non-Key Employees

On July 22, 2015, the Tribal Gaming Commission voted unanimously to change positions within the Casino from Key Employee to Non-Key Employee positions. All employees will still need to have a background completed regardless of position.

Employees who make more than \$50,000.00 per year are still considered key employees per the gaming ordinance section 2.26 (B). *Applicants with more than 2 criminal misdemeanor convictions of a crime defined as a crime of dishonesty, such as theft, retail fraud, larceny, etc., in the last 5 years, will not be eligible for a non-key employee position.*

**This applies to tribal members and non-tribal members.** If you were unable to apply for a job at the Casino in the past due to your background, you may now qualify for a Non-Key position. If eligible, tribal members will still be required to meet with the Gaming Commission to receive a letter of rehabilitation in case of transfer to a key position in the future.

All positions within the following departments are now considered **Non-Key** positions:

- Family Dining
- Entertainment
- Hotel
- Transportation
- Maintenance
- Sub Shop
- Retail
- Convention
- Coral Reef
- Custard Shop
- Bar
- 5 Bridges Staff



This decision is effective immediately. Also, Human Resources is currently reviewing policies pertaining to hiring 16 year olds. If hired, they are not permitted to play any Class III gaming while off duty. The Gaming Commission system to accommodate these changes is currently in place.

Please contact Gaming Commission Director, Brad Madalinski with any questions at 906-723-2046.

## National Indian Health Board



The National Indian Health Board held the annual 'Heroes in Native Health' Awards Gala, at the Washington Hilton in Washington, DC. Linda Triest received the Local Impact Award for her administrative capacity to provide the Hannahville Indian Community with the guidance necessary to achieve patient access to quality care.

“Linda Triest has been an advocate, and actively involved in, the health care administration for the Hannahville Indian Community for eighteen years. She has provided valuable alternate resources for Tribal members that may not be eligible for private or public health programs. Her efforts in teaching the community about the options on the Patient Protection & Affordable Care Act and health insurance Marketplaces has not been without its challenges. Linda will not give up when an individual has an issue with enrollment, as she gains support from her staff to resolve issues and positively affect policies that benefit individuals in her community.”

The Hannahville Indian Community would like to congratulate Linda Triest on receiving this award! Thank you for your years of service and support of our community members!

# *Employment Opportunities*

Hannahville Indian Community Human Resources Department  
N14911 Hannahville B-1 Road  
Wilson, MI. 49896

**SPECIAL EDUCATION AIDE** – This is a nine month full-time position that provides individualized support and accommodations to students with disabilities under the general supervision of administrators and certified teachers. Duties include: facilitate provision of individualized and small group positive behavioral strategies and instruction; assist the teacher in the preparation and management of classroom activities and perform clerical duties as required. Must be able to pass a background check and pass drug and alcohol testing.

**QUALIFICATIONS:** Associate Degree. Must be proficient in reading, math and grammar; possess understanding of child development and behavior; able to motivate and work well with children with and without disabilities; able to maintain confidentiality; able to complete tasks independently; able to react calmly and appropriately to diverse circumstances and situations. Previous experience working with children with disabilities and previous experience working in a school setting is preferred.

**WAGE:** Per the Hannahville Indian School salary scale. **DEADLINE:** Friday, November 6, 2015 at 4pm EST.

**ISLAND OASIS CLERKS-** 3 part time positions (20-29 hours, all shifts); responsible for the sales, stocking, cleaning and providing customer service in all areas of a convenience store.

**QUALIFICATIONS-** GED/Diploma needed or in documentable progress to attain. Retail and customer service experience preferred. Must not have any prior theft, larceny or related type convictions. Must be able to pass a background and post offer drug test.

**WAGE-** \$9.25 per hour.

**DEADLINE** – Friday, October 30, 2015 @ 4:00 pm EST.

**CUSTODIAN-** This full time position performs the daily routine and scheduled cleaning of the entire school building and Youth Center and maintaining the grounds as necessary.

**QUALIFICATIONS-** No experience needed but documentation of a high school diploma, GED or currently enrolled in the Adult Education program will be required; knowledge of general janitorial practices and safety procedures preferred and must be able to lift approximately 75 pounds with assistance. Must be able to successfully pass a background check and drug and alcohol testing. Must have a valid driver's license AND a phone or reliable message phone.

**WAGE-** \$9.00, which includes excellent fringe benefits after successfully completing a 90-day probationary period: health, vision, dental, prescription, life insurance and 401K.

**DEADLINE** – Monday, November 16, 2015 at 4pm EST.

**HOW TO APPLY:** Submit completed “Application for Employment” to the Human Resources Department in the Tribal Administration building or download application [www.hannahville.net/documents](http://www.hannahville.net/documents) and mail original to address above, postmarked by deadline. If application currently on file, and over 60-day limit, a new application must be submitted. Please no faxes. *Employment selection pursuant to Hannahville Indian Community's Tribal Employment Rights Ordinance Title IV – Chapter 3. Tribal Preference.* Call the Human Resources Department with any questions at 906-466-2932.

# *Behavioral Health*

## **Coping with Grief and Loss – Understanding the Grieving Process**

Losing someone or something you love or care deeply about is very painful. You may experience all kinds of difficult emotions and it may feel like the pain and sadness you're experiencing will never let up. These are normal reactions to a significant loss. But while there is no right or wrong way to grieve, there are healthy ways to cope with the pain that, in time, can renew you and permit you to move on.

### **What is grief?**

Grief is a natural response to loss. It's the emotional suffering you feel when something or someone you love is taken away. The more significant the loss, the more intense the grief will be.



### **Everyone grieves differently**

Grieving is a personal and highly individual experience. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and the nature of the loss. The grieving process takes time. Healing happens gradually; it can't be forced or hurried—and there is no “normal” timetable for grieving. Some people start to feel better in weeks or months. For others, the grieving process is measured in years. Whatever your grief experience, it's important to be patient with yourself and allow the process to naturally unfold.

### **Common symptoms of grief**

While loss affects people in different ways, many experience the following symptoms when they're grieving. Just remember that almost anything that you experience in the early stages of grief is normal – including feeling like you're going crazy, feeling like you're in a bad dream, or questioning your religious beliefs.

- Shock and disbelief – Right after a loss, it can be hard to accept what happened. You may feel numb, have trouble believing that the loss really happened, or even deny the truth. If someone you love has died, you may keep expecting him or her to show up, even though you know he or she is gone.
- Sadness – Profound sadness is probably the most universally experienced symptom of grief. You may have feelings of emptiness, despair, yearning, or deep loneliness. You may also cry a lot or feel emotionally unstable.
- Guilt – You may regret or feel guilty about things you did or didn't say or do. You may also feel guilty about certain feelings (e.g. feeling relieved when the person died after a long, difficult illness). After a death, you may even feel guilty for not doing something to prevent the death, even if there was nothing more you could have done.
- Anger – Even if the loss was nobody's fault, you may feel angry and resentful. If you lost a loved one, you may be angry with yourself, God, the doctors, or even the person who died for abandoning you. You may feel the need to blame someone for the injustice that was done to you.
- Fear – A significant loss can trigger a host of worries and fears. You may feel anxious, helpless, or insecure. You may even have panic attacks. The death of a loved one can trigger fears about your own mortality, of facing life without that person, or the responsibilities you now face alone.
- Physical symptoms – We often think of grief as a strictly emotional process, but grief often involves physical problems, including fatigue, nausea, lowered immunity, weight loss or weight gain, aches and pains, and insomnia.

### **Grief can be a roller coaster**

Instead of a series of stages, we might think of the grieving process as a roller coaster, full of ups and downs, highs and lows. Like many roller coasters, the ride tends to be rougher in the beginning; the lows may be deeper and longer. The difficult periods should become less intense and shorter as time goes by, but it takes time to work through a loss. Even years after a loss, especially at special events such as a family wedding or the birth of a child, we may still experience a strong sense of grief.

*continued on next page*

# Behavioral Health

## Find support after a loss

- Turn to friends and family members – Now is the time to lean on the people who care about you, even if you take pride in being strong and self-sufficient. Draw loved ones close, rather than avoiding them, and accept the assistance that's offered. Oftentimes, people want to help but don't know how, so tell them what you need – whether it's a shoulder to cry on or help with funeral arrangements.
- Draw comfort from your faith – If you follow a spiritual tradition, embrace the comfort its mourning rituals can provide. Spiritual activities that are meaningful to you – such as praying, meditating, ceremonies, or going to church – can offer solace. If you're questioning your faith in the wake of the loss, talk to an Elder or a member of your religious community.
- Join a support group – Grief can feel very lonely, even when you have loved ones around. Sharing your sorrow with others who have experienced similar losses can help. The Compassionate Friends support group meets the fourth Thursday of each month at 7:00 at the Escanaba High School. For more information call 786-0477.
- Talk to a therapist or grief counselor – If your grief feels like too much to bear, call a mental health professional. An experienced therapist can help you work through intense emotions and overcome obstacles to your grieving. You can call Hannahville Behavioral Health at 466-2878.

## Take care of yourself

When you're grieving, it's more important than ever to take care of yourself. The stress of a major loss can quickly deplete your energy and emotional reserves. Looking after your physical and emotional needs will help you get through this difficult time.



- Face your feelings. You can try to suppress your grief, but you can't avoid it forever. In order to heal, you have to acknowledge the pain. Trying to avoid feelings of sadness and loss only prolongs the grieving process. Unresolved grief can also lead to complications such as depression, anxiety, substance abuse, and health problems.
- Express your feelings in a tangible or creative way. Write about your loss in a journal. If you've lost a loved one, write a letter saying the things you never got to say; make a scrapbook or photo album celebrating the person's life; or get involved in a cause or organization that was important to him or her.
- Look after your physical health. The mind, body, and spirit are connected. When you feel good physically, you'll also feel better emotionally. Combat stress and fatigue by getting enough sleep, eating right, and exercising. Don't use alcohol or drugs to numb the pain of grief or lift your mood artificially.
- Don't let anyone tell you how to feel, and don't tell yourself how to feel either. Your grief is your own, and no one else can tell you when it's time to "move on" or "get over it." Let yourself feel whatever you feel without embarrassment or judgment. It's okay to be angry, to yell at the heavens, to cry or not to cry. It's also okay to laugh, to find moments of joy, and to let go when you're ready.
- Plan ahead for grief "triggers." Anniversaries, holidays, and milestones can reawaken memories and feelings. Be prepared for an emotional wallop, and know that it's completely normal. If you're sharing a holiday or lifecycle event with other relatives, talk to them ahead of time about their expectations and agree on strategies to honor the person you loved.

It's normal to feel sad, numb, or angry following a loss. But as time passes, these emotions should become less intense as you accept the loss and start to move forward. If you aren't feeling better over time, or your grief is getting worse, it may be a sign that your grief has developed into a more serious problem, such as complicated grief or major depression.

*continued on next page*

# Behavioral Health

Contact a mental health counselor right away if you feel any of the following:

- Feel like life isn't worth living
- Wish you had died with your loved one
- Blame yourself for the loss or for failing to prevent it
- Are having difficulty trusting others since your loss
- Feel numb & disconnected from others for more than a few weeks
- Are unable to perform your normal daily activities



Remember that Hannahville Behavioral Health is a service provided in the community for Tribal Members and Descendants. Our Mission – To deliver a quality, individualized, and effective range of behavioral health services that are responsive to the needs of the community. Our Vision – We are committed to working collaboratively with individuals, families and organizations of the community to eliminate the harmful effects of addictive disorders and mental illness. Our mission will be accomplished through programs and services that stress our program philosophy and utilize direct community involvement to reach our goals. ALL SERVICES ARE CONFIDENTIAL.

Hannahville Behavioral Health provides comprehensive counseling for all stages of life, including specialized therapy for adults, adolescents and children. Our team of compassionate professionals includes a psychiatrist, mental health therapists and substance abuse counselors.

Hannahville Behavioral Health's philosophy of care focuses on working with you to address the issues that are affecting your well-being. We work as a team to develop an effective treatment plan tailored to meeting your goals. We respect the right of any client to incorporate cultural or religious beliefs and practices into individual and group therapy sessions.

HOURS – Counseling is available by appointment Monday through Friday, 8 am to 4pm EST. Call 906-466-2878 to schedule an appointment.

STAFF – Services are provided by professional, licensed therapists, counselors, and psychiatrist.

## WHAT SERVICES DO WE OFFER?

- Mental Health Therapy
- Family and Couples Therapy
- Alcohol/Drug Intensive
- Referral to Inpatient Services
- Limited Psychiatric Services
- Crisis Services
- Recovery coaching, flexible hours available
- Substance Abuse Counseling
- Play Therapy for Children
- Outpatient Group
- Social Support Group
- Medication management
- Case management

Hannahville Behavioral Health  
N15019 Hannahville B-1 Rd  
Wilson, MI 49896  
Telephone: 906-466-2878  
Fax: 906-466-9144

PAYMENT – Hannahville Behavioral Health is a Medicaid Provider and accepts major insurances. If you do not have Medicaid or insurance and are an eligible tribal member or decedent, services are available.

*Article adapted from helpguide.org. Submitted by Erin Cretens.*

# Halloween Events



**Halloween**

**Party**  
Convention Center  
7:00 pm-Midnite • Free Admission  
Party Food • Special Drink Menu  
Music by: Asphalt Cowboy • 8pm-Midnight

**Friday, October 30**

**Costume Contest**  
Registration: 7:30 - 9:00 pm  
Convention Center  
1st Place: \$500  
2nd: \$250 • 3rd: \$150  
Judging at 9:30 pm

**WIN**  
\$500 Cash  
Plus other prizes  
throughout  
the night

Must register by 10 pm Drawing at Midnight. Must be present to win.

**Free MIDNIGHT Slot Tournament**  
Registration at Ticket Office 10:30 pm - 12:00 am

1st Place.....	\$200	5th - 8th Places:	
2nd Place.....	\$100	\$25 Promo Cash	
3rd Place.....	\$75	Limit first 96 registrants.	
4th Place.....	\$50	Must be an Island Club member.	

All times Eastern. Promotion subject to change at management's discretion.

**KX COUNTRY**  
WYKX 104.7 FM

## Hannahville Youth Services HALLOWEEN CARNIVAL

will be on Friday, October 30th beginning at 5:00 pm in the Hannahville Indian School Gymnasium. Join us for games, food and costume contest prizes!

**Hannahville TRICK-OR-TREATING** is on Saturday, October 31st from 5-7pm

**Bark River Halloween Carnival** will be held on Saturday, October 31st from 3-5pm  
\*\*exception: If there is a varsity playoff football game on this date the carnival will be cancelled.\*\* **Trick-or-Treating** is from 1-3pm and will continue no matter what.

**Trick-or-treating times for surrounding areas on Saturday, October 31st**

Escanaba 5-7pm  
Gladstone 4-6pm  
Perkins/Rock 3-6pm  
Rapid River 4-6pm

## Other Halloween Events

Memorial United Methodist Trunk-or-Treat on Saturday, October 31st from 1pm-3pm. Games, prizes and refreshments provided.  
1920 Lake Shore Dr, Gladstone.

Marquette Halloween Spectacle on Saturday, October 31st from 7-9pm at Marquette Commons. Giant puppetry, percussion and theatrical dance. It is a sight to behold!  
[www.downtownmarquette.org](http://www.downtownmarquette.org)

Rapid River Halloween Carnival on Saturday, October 31st from 6-8pm at Rapid River High School. Admission into the carnival is \$5 per child (to play all games and win prizes.) There will also be a 50/50 raffle, guessing games, and food provided for an additional charge. Open to the public.

Trunk-or-Treat on Saturday, October 31st from 4:30pm-6:30pm at Our Savior Lutheran Church 2401 N Lincoln Road, Escanaba. The community is welcome to come by for free treats in the parking lot.

# Escanaba Library

**Escanaba Library offers various programs for all ages!**

## Story Hour

Story hours in the Children's Library are held on Saturdays at 1:30 p.m. and run through May 2016. The program is for children 4 years and older. No registration is required. Storyhour will include stories, simple crafts, book bingo, and occasionally a book-related movie or special guest. Storyhour will NOT be held on the following dates: November 28, January 2 (2016), and March 26. Final Storyhour is May 7, 2016.

## Toddler Time

Toddler Time in the Children's Library are held on Wednesdays at 10:30 a.m. This program is designed for toddlers age 2 to 4 years. Participation is limited and registration is required, so if you're interested in attending, please call to reserve your spot today!

## Library Babies

Library Babies in the Children's Library is held on Fridays at 10:30 a.m. The program is designed for babies 3 months to 23 months. Participation is limited and registration is required. Children must be accompanied by an adult. The program involves simple stories, rhymes, movement, song's/music and playtime.

*The library also extends a warm welcome to families of all ages to enjoy the library's many educational and cultural programs year-round.*

## Altered Book Ornaments

Continuing our "Booked" theme from the summer, we are having an altered book ornament making class on Tuesday, November 17th, at 6:30 p.m. We will make Christmas ornaments from a vintage book to get our Holiday decorating started.

## Hot Reads for Cold Nights: Adult Winter Reading Program

January 11-27, 2016. Read or listen to a book and be entered in a drawing to win prizes. Program open to adults 18 and older with an Escanaba Public Library card. Sponsored by the Friends of the Escanaba Public Library.

For more information about programming or special events call 789-7328 or visit [www.escanabalibrary.org](http://www.escanabalibrary.org).

### **School starting times & ending times:**

Breakfast (available to all)  
7:50 a.m. to 8:12 a.m.

Kindergarten to 3rd Grades: 4th to 12th Grades:  
8:15 a.m. to 3:10 p.m. 8:15 a.m. to 3:15 p.m.



### **Contact Us!**

**Nah Tah Wahsh/Hannahville Indian School**

Indian School Office 466-2952

Open 7:30 a.m. – 4:00 p.m. During the school year

### **Leadership Team**

- Adrienne Soucy, Director of Instructional Services 723-2712
- Bill Boda, Director of Operations 723-2702
- Holly Adcox, Director of Student Supports 723-2722

## **Hannahville PTSA/Title 1**

Let's support our school!

Tuesday, November 10, 2015  
School Library

5:00 Dinner

5:30 Meeting

Title 1 Updates

Feedback - Literacy Night

Student Led Conferences



Prize drawing for those in attendance.  
Reward for grade with the highest  
attendance! Childcare available.

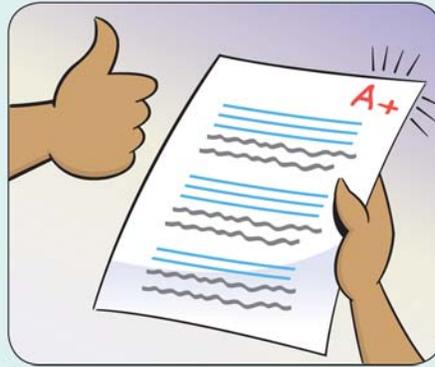
## Parent involvement leads to your child's academic success

**G**etting involved with your child's education doesn't just feel rewarding. It *is* rewarding! Hundreds of studies link parent involvement—at home and at school—to student success.

Parent involvement raises kids' chances of earning higher grades, getting along with others, finishing homework, graduating from high school and more!

To benefit your child the most, be sure to:

- **Start early and stay involved.** When parents get involved early on, kids benefit more. And research shows parent involvement should continue right through middle and high school.
- **Explore your options.** Your involvement can be as simple as



asking, "What did you learn at school today?" or as complex as running a fundraiser. Ask about the school's needs and match them to your time and talents.

- **Be confident.** No matter how you get involved, remember that it makes a difference. All primary caregivers—mothers, fathers, grandparents and others—have valuable contributions to make.

## Show your child how to deal with failure in positive ways



Sooner or later, your child will experience failure. The way you both deal with that failure can help shape

his character.

Here are strategies to help you and your child handle failure:

- **Always let your child know** you love him unconditionally.
- **Think about the positives.**

Mistakes are really opportunities for learning. What can your child learn from these experiences?

- **Praise what you can.** "Your team lost, but you made a great catch in the third inning."
- **Be realistic.** If he's doing his best and he still doesn't bring up a grade, then don't let him think you are disappointed.
- **Be a role model.** Handle your own mistakes and failures in positive ways.

- **Don't dwell on the failure** more than your child does.
- **Don't argue with teachers** or coaches to try to get them to change a decision or a grade. Your child must learn to respect their decisions.
- **Don't solve every problem** for your child. If he got a bad grade on homework, don't do the next assignment for him.

**Source:** D. Walsh, *No: Why Kids—of All Ages—Need to Hear It and Ways Parents Can Say It*, Free Press.

**"A failure is not always a mistake, it may simply be the best one can do under the circumstances. The real mistake is to stop trying."**

—B. F. Skinner

## Are you teaching your child how to be a good citizen?



The same qualities that help people live together in families can help them live in their communities and get along with others in school. Are you helping your child develop good citizenship? Answer *yes* or *no* to the questions below to find out:

- \_\_\_ **1. Do you talk** about school and family rules with your child and why they're important?
- \_\_\_ **2. Do you volunteer** as a family on a regular basis?
- \_\_\_ **3. Do you show** your child that it is important to honor commitments by keeping your promises?
- \_\_\_ **4. Do you model** sportsmanship for your child when you are watching sporting events and playing games?
- \_\_\_ **5. Do you expect** your child to be responsible for her own actions and do you hold her accountable for her choices?

**How well are you doing?**

More *yes* answers mean you're doing your best to raise a good citizen. For *no* answers, try those ideas to help your child get along with others.

**Parents**  
make the difference!

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## Show your child how to make better decisions with SODAS



Want your middle schooler to make more responsible decisions? Then encourage him to rely on the SODAS

Method whenever he's faced with a dilemma.

Here's what it looks like:

- S Situation.** Your child can't make a wise decision if the issue at hand seems murky. So remind him to define the situation clearly by asking himself, "What's the main thing I'm concerned about?"
- O Options.** What are some ways your child could handle the problem? Have him make a mental list, then narrow it down to the three most sensible choices. This list-making step is critical

because it illustrates that there are usually several options.

- D Disadvantages.** Have your child think about the cons of each of his top three ideas. If a certain option has a particularly serious consequence, this is a good time to rule out that option.
- A Advantages.** Now ask your child to figure out the pros of his top choices. Does one option have major advantages over others? Then that may be the winner.
- S Solution.** Now that he's weighed the pros and cons of each possible option, your child can make his decision with confidence.

**Source:** R. Burke, Ph.D. and others, *Common Sense Parenting: Using Your Head as Well as Your Heart to Raise School-Aged Children*, Boys Town Press.

## Teach your middle schooler the many ways to show respect



Educators agree that respect is an important ingredient for success in the classroom. It's difficult for teachers to create a positive learning environment in the absence of respect.

Let your child know that *everyone* wants respect. When someone respects us, they act and speak in a way that shows us we are worthy. Our actions and opinions are valid and important, even if the other person does not agree with them.

Teach your middle schooler that respect includes:

- **Believing in yourself.** Respect begins with self-respect. Act in a way that does not leave you disappointed in yourself.
- **Listening to and being polite to others.** This includes parents, teachers and classmates.
- **Being someone others can trust.** Do what you say you will do and be accountable for your actions.

When you are working on group projects, always do your share.

- **Being on time.** Promptness demonstrates respect for people's time. Don't be late for your classes or other commitments.
- **Understanding that learning is important.** It is a way to better yourself. Pay attention in class and participate.
- **Realizing that there is something to learn from almost every person you meet.** Listen to what others have to say—even if you don't agree with what they're saying.

**Source:** "Character Education," Legacy Educational Resources, [niswc.com/show\\_respect](http://niswc.com/show_respect).

**"One of the most sincere forms of respect is actually listening to what another has to say."**

—Bryant H. McGill

## What if your child doesn't like a teacher?



One way that middle school differs from elementary school is in the number of teachers students

have. Adapting to the different personalities and teaching styles of multiple teachers can be challenging. Middle schoolers may dislike teachers who they feel are too tough, give too much homework or give hard tests.

Here are a few strategies for handling your child's dislike of a teacher:

- **Don't jump** to take your child's side. Unless you are in the classroom each day, you don't know that your child's "horror stories" are true. Talk to your child to find out exactly what the teacher says or does to inspire his dislike.
- **Remember** that it's not the teacher's job to be popular. Your child doesn't have to *like* the teacher's personality to *learn* from her and show her respect.
- **Realize** that in most cases, your child will need to accept the situation. Middle school is more challenging and rigorous than elementary school. Your child may have to study harder and work longer.
- **Talk to the teacher.** If you believe there is a personal issue between a teacher and your child, ask the teacher for a conference. Listen to her side, calmly give yours and work out a plan to go forward.

**Source:** M. Hartwell-Walker, Ed.D., "When a Teacher and Child Don't Get Along," Psych Central, [niswc.com/dislike\\_teacher](http://niswc.com/dislike_teacher).

# Show your high schooler how to make responsible decisions

Your teen will have to make all kinds of decisions over the course of her high school career, from selecting classes to facing difficult peer pressure. Help her learn to make decisions that will enable her to succeed both academically and socially.

If your teen comes to you with a problem, walk through these steps:

1. **Ask her to describe** the situation she is facing. Ask open-ended questions that cannot be answered with just *yes* or *no*.
2. **Discuss possible choices.** Help your teen see different alternatives. Make a pro-con list and evaluate the benefits and disadvantages of every choice. Talk through how different consequences could affect your teen's goals.

3. **Allow your teen to make a decision and carry it out.** Later, ask her what she learned from making that choice. Ask if she would make the same—or a different—decision if faced with a similar problem in the future.

Remember: While it may sometimes seem like your teen is challenging your values and beliefs, she still needs your support and guidance to make important decisions about her future. Teens often rebel as a way to assert their independence. But with your support and unconditional love, she will develop the judgment that will guide her to make responsible decisions.

**Source:** American Medical Association, "Helping Your Teen Make Responsible Choices," Palo Alto Medical Foundation, [niscw.com/responsible\\_choice](http://niscw.com/responsible_choice).

# Encourage your high schooler to have a positive attitude



Having a positive attitude is important for success in school and in life. To nurture positivity, encourage your teen to:

- **Be hopeful.** On most days, some things will go well and others won't. Don't dwell on what went wrong. Focus on what went well.
- **Laugh.** Remember: Nothing is better than humor for getting rid of a negative attitude.
- **Move on.** Your teen didn't get picked for a certain team and the next chance to try out isn't until next year. After some disappointment, encourage him to put it behind him and try something else for the time being.

- **Seek opportunities.** If your teen wants to work with animals, he should look for a way to make it happen. Is there a veterinarian in your area who could use some help? Encourage your teen to call a few of them and find out!

**Source:** B.A. Lewis, *What Do You Stand For? For Teens: A Guide to Building Character*, Free Spirit Publishing.

**"To succeed, you need to find something to hold on to, something to motivate you, something to inspire you."**

—Tony Dorsett

# Stay involved during the high school years!



When your teen reaches high school, your involvement with her education is likely to change. Now you're more like a coach—on the sidelines but still very involved with the game. Here are some ways to stay involved:

- **Talk with your teen** regularly about her classes. Discuss what she's learning.
- **Get to know** your teen's teachers, counselors and the office staff.
- **Help your teen manage** school projects. These can be challenging for the teenage brain. Work with her to develop a realistic plan for getting things done.
- **Use all the tools available** to monitor your teen's attendance and school performance. If there is a way to check grades online, do that regularly. When progress reports or report cards are issued, discuss them with your teen.
- **Be aware of the requirements** for graduation. Don't wait until the last few weeks of your teen's senior year to discover she won't be graduating with her class.
- **Help your teen make a plan** for the future. Work with the school to make sure she takes the classes she needs to be ready for a career or college after high school.
- **Serve on school committees** or volunteer at school events, if possible, to meet your teen's friends and to know what's going on in school.

# Activities

POTAWATOMI LANGUAGE WORD SEARCH

W N P F Z X Z C S S G S O J A  
 A B E S E S I G K E B D B Y N  
 W W W N D A D V K S I T N Q N  
 Y O G E O C D W I I P W D O N  
 E S S I F G E V F G K F T C Z  
 G L C H S S B U D O Y I K J C  
 I L S X M H M A P E Q D R E P  
 S J X A S L K K W T K C S I P  
 E K N O R D H B J A T Z Y W S  
 S E X B K S Z P U G Z O R D E  
 N X U H I L O I N H Q L E L S  
 O B O G Y L K A M Z K D Q M I  
 U L B N A K W I G I S E S I G  
 Y E O N T S C J D G F A T U U  
 T Y N Z A X O O S Z I N B L U

Although words are shown with spaces between below, they appear as one word within the search.



BNA KWI GISES  
Autumn Moon

WABGONEN  
pumpkin

KWESMANEN  
squash

GI SES  
sun or moon

DBEK GI SES  
moon/night sun

GISH KPO KWNYA  
it it dark

WA WYE GI SES  
full moon

GISH KBUH KET  
it's real dark (night)

GIZH GA TE O GISES  
the moon is shining brightly

To learn more Potawatomi, visit  
[www.potawatomilanguage.org](http://www.potawatomilanguage.org)

## CAN YOU FIND 5 DIFFERENCES BETWEEN THESE PHOTOS?

ORIGINAL

CHANGED



CARAMEL APPLE MAKING AT YOUTH SERVICES' REC.  
NIGHT ON TUESDAY, SEPTEMBER 28<sup>TH</sup>.

ANSWERS: ARM POSITION, PICTURE MISSING, BOWL ON TABLE,  
EXTRA POSTER, APPLE MISSING.

# October Birthdays

Mia Smith . . . . . 10/1	Andrew Philemon . . . . . 10/11	Trevor Megenuph Wandahsega. 10/22
Haley McCullough . . . . . 10/2	Jesse Wabanimkee. . . . . 10/11	Daniel Meshigaud . . . . . 10/22
Verna Krysheski . . . . . 10/2	Zack Gill . . . . . 10/11	Brittany Thunder . . . . . 10/23
Kia Decota . . . . . 10/3	Rochelle Karaja. . . . . 10/11	Anthony Philemon . . . . . 10/23
Nakia Halfaday . . . . . 10/3	Harl Meshigaud. . . . . 10/11	Dee Sagataw . . . . . 10/23
Anthony Keshick . . . . . 10/3	Keshia Little . . . . . 10/12	Theresa Dewitt . . . . . 10/23
Veronica Pleicones . . . . . 10/3	Bobby Sagataw . . . . . 10/12	Tyrone Wandahsega . . . . . 10/23
Laraina Gustafson . . . . . 10/4	Valerie Megenuph . . . . . 10/14	Arias Jackson . . . . . 10/24
Sabrina Sizemore . . . . . 10/4	Gordon Megenuph . . . . . 10/14	Violet Pyawasit . . . . . 10/24
Kris Megenuph . . . . . 10/4	Margaret Borlace. . . . . 10/14	Desmond Wandahsega-Streeter 10/24
Warren Wandahsega . . . . . 10/4	Kendal Wandahsega . . . . . 10/15	Shianne Uskilith . . . . . 10/24
Hannah Larson . . . . . 10/5	Mercedes Meshigaud . . . . . 10/16	Lillyann Sagataw . . . . . 10/25
Lee Wandahsega . . . . . 10/5	Beepsee Teeple . . . . . 10/16	Angelina Little . . . . . 10/25
Dalton Halfaday . . . . . 10/5	Robin Halfaday . . . . . 10/16	Victoria Williams . . . . . 10/25
Wanda Meshigaud. . . . . 10/5	Scott Wandahsega . . . . . 10/16	Manitoubani Wandahsega. . . . . 10/25
Jerome McCullough Jr. . . . . 10/5	Issaiah Peters. . . . . 10/17	Ronald Sagataw . . . . . 10/25
Cheryl Sagataw . . . . . 10/6	Nichole Williams . . . . . 10/17	Phillip Wandahsega Sr. . . . . 10/25
Jacqueline Tovar . . . . . 10/7	Melissa Williams. . . . . 10/17	Daniel Sagataw . . . . . 10/25
Taylor Halfaday . . . . . 10/7	Maytel Hardwick . . . . . 10/18	Carsyn Brunette . . . . . 10/26
Hailey Wandahsega. . . . . 10/7	Emerald Smith . . . . . 10/18	Alicia Halfaday . . . . . 10/26
Matthew Halfaday. . . . . 10/7	Bryan Kwarciany . . . . . 10/18	Amanda Metzger. . . . . 10/26
Christine Kroes . . . . . 10/7	Vernon Thunder Jr. . . . . 10/18	Tasha Foster . . . . . 10/28
Frank Meshigaud . . . . . 10/7	Christopher Deragon. . . . . 10/18	Tommy Belgarde. . . . . 10/29
Michelle Philemon . . . . . 10/8	Charlotte Harris. . . . . 10/19	Savannah Wandahsega . . . . . 10/29
Lisa Smartt . . . . . 10/8	Raenna Withey . . . . . 10/20	Brian Malinowksi . . . . . 10/29
Abriella Meshigaud. . . . . 10/9	Francis Smith Jr. . . . . 10/20	Cody Meshigaud . . . . . 10/30
Allisson Peters . . . . . 10/9	Angel Smith . . . . . 10/21	Rebecca St Germain . . . . . 10/30
Elizabeth Decota . . . . . 10/9	Brandon Little. . . . . 10/21	Brenda Rangle. . . . . 10/31
	Rhiannon Zeeff . . . . . 10/21	Henry Williams Sr. . . . . 10/31



Congrats Kelli J. & Ray Dishno!! Welcome baby Boy Kaiden Keith Dishno, born Sunday, September 20, 2015 at 1:23 pm. 5 lbs. 8.9 oz. 17 inches long. Proud grandparents: Sharon Philemon, late Russ Wandahsega, late Darryl Jackson and Keith & Dorothy (Peacock) Dishno.



Happy 1st birthday to our handsome happy wittle man Grayson!! We love you Sonny, so much, to the moon & back!! Hope you have an awesome, great, wonderful, absolutely terrific day baby boy! xoxoxo Mommy & Daddy

Happy first birthday to our awesome lil big brother Grayson. We love you baby boy. xoxoxo Logan, Jazzy, Lili and baby brother Kaiden.

Happy 2nd birthday Cuzzin Arias! xoxoxo Uncle Ray, Auntie Kelli & Cuzzo's Logan, Jazzy, Lili, Grayson and Baby Kaiden.

Happy birthday pretty girl Violet! Lotsta love, hugs and kisses always ~ Kelli, Ray and kids

Happy 2nd Anniversary to my awesome, amazing, sweet, loving prince charming who came to my rescue and found me in the woods. Thank you so much for all you are & all you do for me. I'm so lucky, fortunate and truly blessed to have you in my life. You came to me & have been there for me when I needed it the most and have given me 2 amazing, handsome sons. Thank you so, so much Ray. Your love is all I'll ever need/want. xoxoxo Love you with all my heart, Kelli J.

**Hannahville  
Indian  
Community**



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## *Hannahville Happenings*

Published by – Hannahville Indian Community

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We welcome letters, editorials, articles and photos from our readers. Submissions are entered into each newsletter based on priority. Space is limited. Thank you for understanding.

### **DEADLINE FOR SUBMISSIONS**

Submissions for the October issue must be received by Friday, November 6, 2015.

Visit our facebook page to view job posting's and reminders of events.



[www.hannahville.net](http://www.hannahville.net)

Visit the Hannahville Indian Community web site for job posting's, event calendar and more!

### **HOLIDAY SCHEDULE FOR HANNAHVILLE INDIAN COMMUNITY**

*Please take note – during the following days offices of the Hannahville Indian Community will be closed:*

- Wednesday, November 11 – Veteran's Day
- Wednesday, November 25 – Thanksgiving
- Thursday, November 26 – Thanksgiving
- Friday, November 27 – Thanksgiving

### **CULTURAL FAMILY LITERACY NIGHT**

**Tuesday, November 3rd at**

**Hannahville Indian School from 5-7pm**

Dinner served from 5-6 in the cafeteria. Families of all ages welcome! Activities will include: cultural stories, fry bread, family picture project, horse & wagon ride, raffle prizes and more!

## *Hannahville Happenings*

Hannahville Indian Community  
N14911 Hannahville B-1 Road  
Wilson, Michigan 49896

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